

ON-CAMPUS SUPPORT

CWRU COMMUNITY PANTRY

Provides free resources such as perishable and non-perishable food items. Open Mondays, Thursdays, and Fridays 4:30pm to 6:30pm and Saturdays 10am to 6pm. Located in Carlton Commons (11892 Carlton Road). Call 216.368.1633 or email communitypantry@case.edu. Check out the CWRU Community Pantry website for additional information. *Please note the Pantry is closed from December 16th to January 12th. It will reopen on January 13th.

FREE LITTLE FOOD PANTRY



OFF-CAMPUS SUPPORT – FOOD PANTRIES

CHURCH OF THE COVENANT

From Tinkham Veale University Center: 1 min drive, 2 min walk
Located at 11205 Euclid Avenue Cleveland OH 44106. The food pantry is open from 10am
to 12pm on the last Wednesday and Friday of each month. Call 216.421.0482 or email
covenant@covenantweb.org to learn more.

NORTH UNION FARMERS MARKET

Has markets throughout Cleveland area including University Hospitals, Cleveland Clinic Main Campus, Crocker Park, Shaker Square, Chagrin Falls, Legacy Village, Sunset Market, and Van Aken District. University Hospitals Market is open on Thursdays from June 6th to October 17th from 10:30am to 1:30pm. Located at 2074 Adelbert Road Cleveland OH 44106 (directly across from Adelbert Hall). Cleveland Clinic Main Campus Market is open on Wednesdays from May 29th to October 23rd from 10:30am to 1:30pm. Located at the Crile Mall on the Cleveland Clinic campus. During the winter, the Crocker Park and Van Aken District markets remain open. To learn more about hours and locations, see the North Union Farmers Market website here.

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month from 10:00am to 1:00pm.

ST. MARTIN DE PORRES FAMILY CENTER

From Tinkham Veale University Center: 8 min drive, 24 min walk, 15 min transit Located at 1264 E 123rd St Cleveland OH 44108. Open the third Tuesday and Wednesday from 9am to 12pm. Call 216.268.3909 for more information.

ABUNDANCE FOOD PANTRY

From Tinkham Veale University Center: 8 min drive, 52 min walk, 20 min transit Located at 3031 Monticello Blvd Cleveland Heights OH 44118. Open every Tuesday from 10:30am to 1:00pm. Call 216.321.2660 with any questions. Serves residents in Zip Codes 44106, 44108, 44110, 44112, 44118, 44120, and 44121.

MANNA HOUSE RECOVERY & RESOURCE CENTER

From Tinkham Veale University Center: 9 min drive, 34 min walk, 23 min transit Located at 8021 Cedar Ave Cleveland OH 44103. Open the third Friday from 5pm to 8pm and the third Saturday 2pm to 4pm. Call 216.432.2598 with any questions.

ST. JAMES FOOD CLOSET

From Tinkham Veale University Center: 9 min drive, 35 min walk, 20 min transit Located at 8401 Cedar Avenue Cleveland OH 44103. Food pantry is open the third Friday each month from 12pm to 2:30pm. Call 216.231.3562 with any questions.

MT. NEBO MISSIONARY BAPTIST

From Tinkham Veale University Center: 9 min drive, 35 min walk, 20 min transit Located at 12701 Superior Ave East Cleveland OH 44112. Food pantry is open the fourth Friday of the month from 8am to 12pm. Call 216.761.3133 for more information.

TWO FISH FIVE LOAVES

From Tinkham Veale University Center: 9 min drive, 50 min walk, 16 min transit Food pantry operates every third Monday of the month from 10:00am to 12:00pm. Located at 2490 Lee Blvd Suite 219 Cleveland Heights OH 44118. Pantry registration can be found here.

SALVATION ARMY – EAST CLEVELAND CORPS

From Tinkham Veale University Center: 9 min drive, 54 min walk, 26 min transit Located at 1507 Doan Ave East Cleveland OH 44112. Those in need can get nutritious groceries from the Salvation Army. Food is free and we never turn anyone away. Pantry hours are Monday to Friday 9am to 11:30am.

LIBERTY HILL BAPTIST CHURCH

From Tinkham Veale University Center: 10 min drive, 34 min walk, 16 min transit Located at



9:30am to 1:30pm. Closed in August. Call 216.391.0064 for more information.

GOD'S HOUSE OF PRAYER

From Tinkham Veale University Center: 10 min drive, 48 min walk, 20 min transit Located at 2632 Woodhill Road Cleveland OH 44104. Open on the third Saturday 8:30am to 12:00pm. Call 216.229.5606 for more information.

FATIMA FAMILY CENTER

From Tinkham Veale University Center: 10 min drive, 45 min walk, 22 min transit Located at 6600 Lexington Ave Cleveland OH 44103. Open the last Tuesday of each month. Call 216.391.0505 with any questions.

MT. SINAI BAPTIS

From Tinkham Veale University Center: 10 min drive, 45 min wbca6



OFF-CAMPUS SUPPORT – HOT MEALS

ANTIOCH BAPTISH CHURCH

From Tinkham Veale University Center: 11 min drive, 31 min walk, 16 min transit Community Neighbors are served every Monday, Tuesday, and Thursday from 11:00am to 12:00pm. Located at 8869 Cedar Ave Cleveland OH 44106. Call 216.322.4842 with any questions.

LIBERTY HILL BAPTIST CHURCH

From Tinkham Veale University Center: 8 min drive, 28 min walk, 17 min transit Hot meals are served the third Saturday of the month from 11:00am to 1:00pm. Located at 8206 Euclid Ave Cleveland OH 44103. Call 216.791.5841 with any questions.

ST. MATTHEW UNITED METHODIST

From Tinkham Veale University Center: 12 min drive, 58 min walk, 27 min transitwal 5 0 1 1 2 1 6 1 4 6



CHANGING LIVES MINISTRIES

From Tinkham Veale University Center: 15 min drive, 1 hr 12 min walk, 26 min transit Located at 12651 Saint Clair Ave Cleveland OH 44108. Open Thursdays 4:00pm to 5:00pm. Call 216.761.1421 with any questions.

MORNING STAR BAPTIST CHURCH

From Tinkham Veale University Center: 12 min drive, 58 min walk, 27 min transit



Can Buy: Fruits and Vegetables, Meat, Poultry, Fish, Dairy Products, Breads, Cereals, other foods such as snack foods and non-alcoholic beverages, seeds and plants that will produce food for the household to eat

Cannot Buy: Alcoholic beverages, Tobacco, Vitamins, Medicine, Supplements, prepared foods for immediate consumption (such as ready to eat wrap, pre-made salad, warm rotisserie chicken), hot foods, nonfood items such as paper products, household supplies, hygiene items, cosmetics, and petfood

Income

Individuals must be under the 130% Federal Poverty Level and then a budget is completed to determine the amount of SNAP allotted. (Gross monthly income of 130% of the federal poverty level)

130% Federal Poverty Level for:

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for SNAP in another way.



Proof of any Disabilities

Medical records, documentation of diagnosis, or a letter from your household member's physician outlining the specific disability

Proof of School Attendance