Policy Brief 06-2 | Winter 2006

Pediatric Ole it

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Object a ect ar ere ta a cid cet i lie O er ei to idre are ati crea ed ri e de e i i beed ce tern i beed, rel re a d e diabete e earc a e te are ere i e te de e ce di tiell calee, a ea at a a derte edice, i catiell ti a e ere i e tate er ei to idre i bece e er ei tad t te, rebabit e cid eed e lit ce ti i i te ad teed i e ti ated te i crea e re a, re i ate , erce tata e e r te a, re i ate , , erce t b te tee ear

HESCHUBERT CENTER FOR CHILD STUDIES it e e e rtad-cie ce at a e e ter e ere ierit / ne ete tidici, iar reearce cidre a d cidend Ornea i te b_eida de a cece ectie a e reearce/eicea ded catie a iitiatie atte ieritad it tece it erc bert, e tér ec i e cidre a dcidend ne i a c t ne adre ce cei ecae atie as a diteratie a ce tet

Schubert Center for Child Studies 614A Crawford Hall 10900 Euclid Avenue Cleveland, OH 44106-7179

216.368.0 40 www.case.edu artsci schubert schubertcenter case.edu Dr. Heinberg and her colleagues developed The Healthy Kids/Healthy Weight program at Rainbow Babies and Children's Hospital in Cleveland to provide a comprehensive, multidisciplinary family-based assessment and intervention for overweight children.

The program implements and tests the effectiveness of a family-based pediatric weight management strategy within a diverse and vulnerable population. While strategies such as these have proved effect