

A Message from Schubert Center Director Anastasia Dimitropoulos

Dear Friends of the Schubert Center,

Our thoughts are with each of you and your families during these uncertain times. Our lives have been upended and we are all figuring out how to continue our work and education, and how to navigate our professional and personal relationships under these conditions. At the Center, we are focused on the ways in which we can help improve the lives of children and are thinking purposefully about next steps. While we are disappointed to have cancelled our events this spring, we are engaging in critical policy work, teaching and mentoring our students, and adjusting our research efforts to accommodate the current crisis.

With so many changes and shutdowns, the needs of our community's most vulnerable have increased dramatically. Policy Director Gabriella Celeste's current work is addressing these needs, particularly for children in institutional care. Institutional care presents unique challenges for social distancing and protecting our youth; Gabriella has worked to public administrators to take protective and proactive measures to address the needs of vulnerable

flexible and patient as we adjusted their placements. Be on the lookout for details about their experiences and what they learned once their projects are completed!

While some research has paused or been readjusted during the shutdown, new research efforts at CWRU are beginning in response to the pandemic. At the center, we plan to engage in these discussions and collaborate on these efforts to ensure our city's most vulnerable children and families are included in examining the scope of the effects of the pandemic. Many of our faculty associates have already published research that is very relevant right now. We are gathering these papers and will make them available on our website in the coming weeks.

In addition, we are very grateful to Dr. Lisa Damour, a Senior Advisor to the center, for sharing some of her recent work related to the pandemic. Her advice always rings true for me and is especially helpful as I navigate this uncertainty with my own children.

[Five Ways to Help Teens Manage Anxiety about the Coronavirus \[NY Times Article\]](#)
[Quaranteneers: Strategies for Parenting in Close Quarters](#)

A handwritten signature in black ink, appearing to be 'A. O.', with a long horizontal flourish extending to the right. The signature is written on a light-colored background.